

Could it be a **SCAM?**

Staying
safe online



Criminals are targeting your community



STAY ALERT

Do not share personal or financial information unless you are 100% sure who you are dealing with.



CHECK BEFORE YOU CLICK

Do not open attachments or click on suspicious links in texts or emails. Never assume—always verify.



SPOT THE RED FLAGS

Unsolicited calls, pressure to act quickly, or offers that seem too good to be true usually are.



VERIFY CALLS AND EMAILS

Contact companies directly using official contact details - never trust caller ID alone.



TRUST YOUR INSTINCTS

If something does not feel right, it's okay to say "no." Make decisions in your own time.

Common scams to watch out for

- Courier fraud
- Dating & romance fraud
- Investment fraud
- Doorstep rogue traders
- Phishing emails
- Telephone scams



Report it... Do not ignore it...

Never feel embarrassed or ashamed to report it, scammers are very good at what they do!

- If you have been a victim of a scam, report it at **www.actionfraud.police.uk** or **0300 123 2040**.
- Vulnerable victims of fraud can contact Sussex Police on **101** or telephone service **18001 101**. Always call **999** if in danger.
- Contact **report@phishing.gov.uk** to report suspicious emails.
- Suspicious texts can be forwarded to **7726** or **SPAM**.
- Worried it's a scam? Hang up, take a moment, and call **159** to be connected to your bank's fraud prevention service.



REMEMBER:

Anyone can become a victim of fraud, it is okay to ask questions or speak to someone in confidence.



Image from Age without Limits, 2025

Want to find out more?

Visit our dedicated webpage with more detail about specific fraud types

www.westsussex.gov.uk/staying-safe-online